



Managing **Stress** in the Workplace,  
Building the **Winning Team**,  
& Leadership Workshops.

INNER VISION  
INTERNATIONAL

[DwayneBryant.com](http://DwayneBryant.com)

**Building the Winning Team and Leadership** workshops are designed to enhance teamwork and leadership within the workplace. It equips participants with tools to improve workplace synergy, boost productivity, improve collaboration, job satisfaction, personal growth, and understand varying behavioral style within the workforce.

## Workshop Structure

### **Part 1 - Understanding Teamwork and Leadership:**

Participants will explore the fundamental principles of teamwork and leadership, including its purpose, components, and the impact of effective communication.

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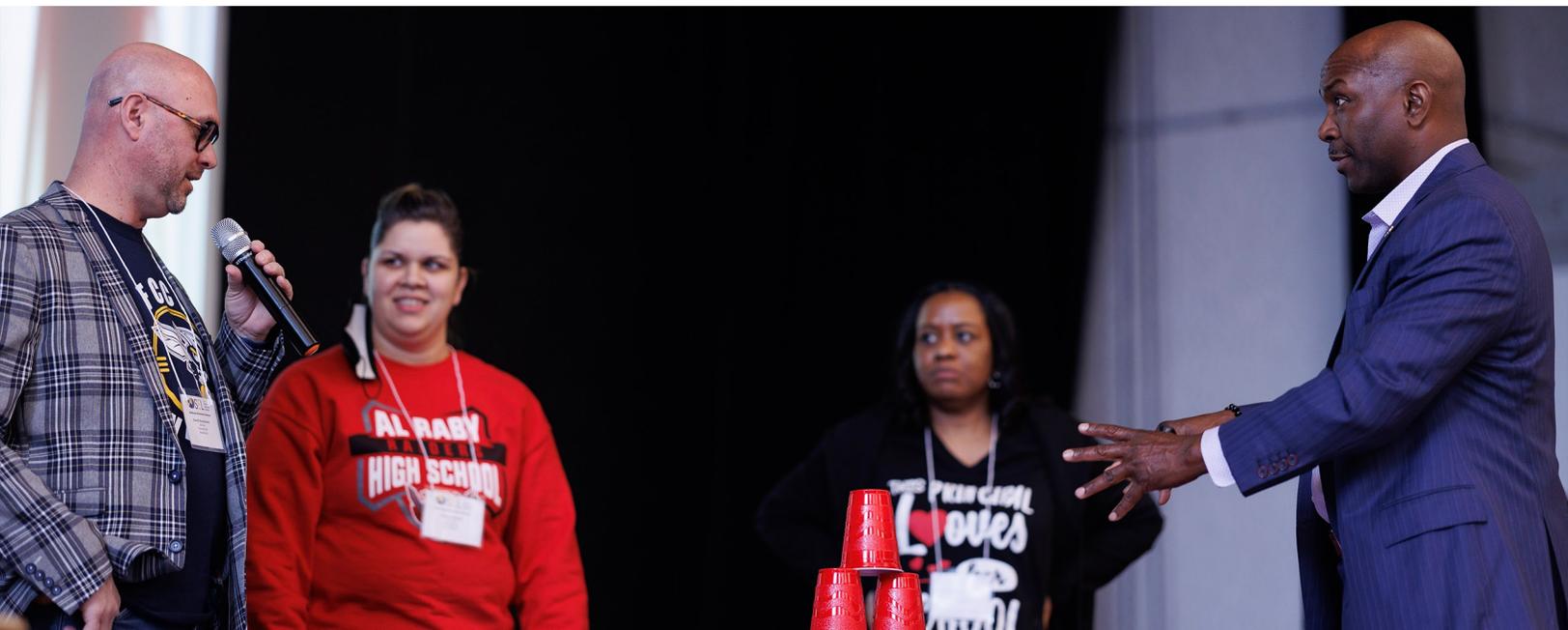
### **Part 2 - Self-Awareness and Team Dynamics:**

Participants will assess their behavioral styles and how these influence their interactions within the team. This self-awareness will promote empathy and understanding among team members.

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### **Part 3 - Building a Positive Workplace Culture:**

Participants will learn strategies to create a supportive and collaborative work environment where everyone feels valued and empowered.



# Benefits of "Building the Winning Team" and "Leadership" Workshops:

## **1 Enhanced Team Effectiveness:**

Participants will gain a renewed understanding of teamwork and its impact on their daily work environment.

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## **2 Improved Communication:**

The workshop equips teams with effective communication techniques, reducing misunderstandings and conflicts.

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## **3 Increased Productivity:**

Improved teamwork and communication lead to increased efficiency and productivity within the organization.

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## **4 Enhanced Self-Awareness:**

Individuals will gain insights into their behavioral styles and interactions with others, leading to better self-understanding and interpersonal relationships.



### **5 Positive Workplace Climate:**

The workshop strives to create a positive and supportive work environment; thereby enhancing department morale and overall leadership.

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### **6 Enhancing Leadership for Organizational Success:**

This training improves leadership skills, fostering trust, communication, and team empowerment to boost efficiency, morale, accountability, and innovation in organizations.

This workshop equips individuals to excel as effective team members, enhancing organizational success while fostering personal growth. By expanding their self-awareness, participants become more impactful individuals, capable of creating positive change within their communities and contributing to the betterment of our nation.



**THROUGH THE MAXWELL DISC PROFILE WORKSHOP, YOU WILL EXPLORE WAYS TO:**

Apply the Law of Awareness to recognize your strengths and limitations.

Overcome your shortcomings and clear the path for personal and professional growth.

Understand how others are different and how to work with each personality.

Build a stronger team that communicates, appreciates the style of others and works well together.

Learn effective strategies for handling conflict and personality clashes.

Develop yourself and others to be their best.

**What if you could tap into your greatest motivations and dramatically improve your relationships and accelerate your organization's productivity?**

Your individual personality affects every aspect of your life, including overall company morale and effectiveness, that's why one of the best things you can do to grow yourself and others is to understand your personality and what naturally drives you. When you recognize your strengths and weaknesses, you are able to give your best as you work with people around you.

The Maxwell DISC Profile Workshop will help your organization achieve greater success when you learn to value your strengths as well as those of others.



Contact Dwayne Bryant ([DB@DBryant.com](mailto:DB@DBryant.com)), a certified John Maxwell Leadership & DISC Consultant, known for delivering purposeful training that equips individuals with actionable insights to improve organizational culture, company morale, and Internal communication.



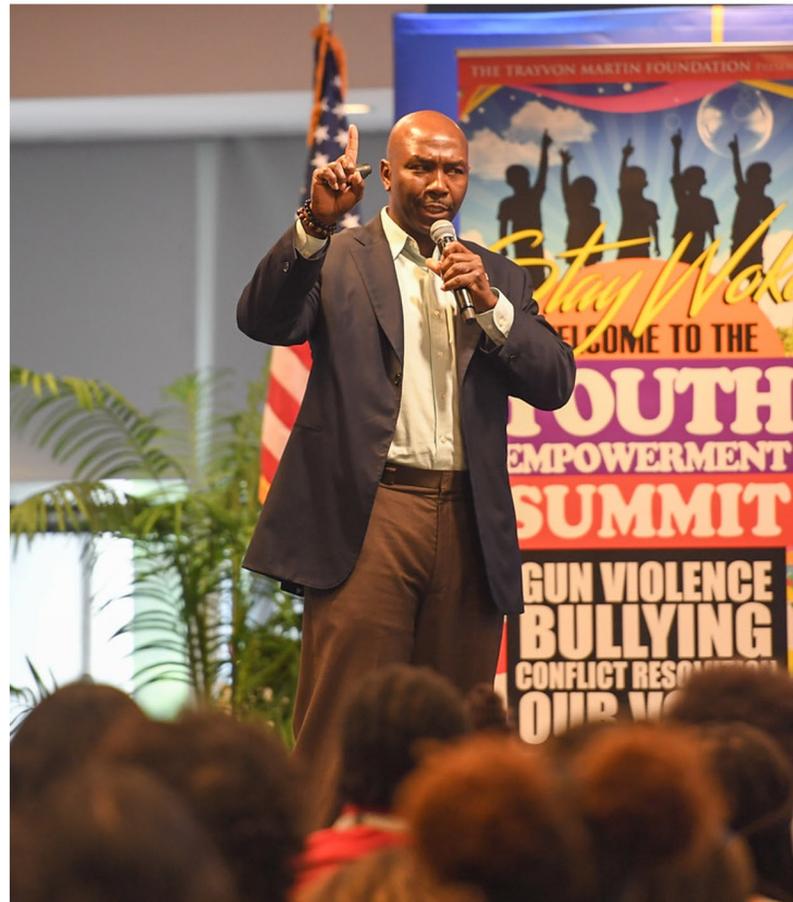
# “Managing Stress in the Workplace” Workshop

*“Our Jobs May Be Killing Us!”* was the caption in an article by USA Today. As we juggle the demands of our careers, families, social obligations, and more, it’s easy to lose sight of ourselves, and that comes at a cost: decreased job performance, strained relationships, and even our health.

**This workshop was carefully designed to help employees:**

1. Gain a better understanding of the stress factors in their lives and more importantly how to manage them more efficiently.
2. Understand the impact that stress at home has on their ability to succeed on the job.
3. Learn actionable strategies to manage stress effectively and live more fulfilling lives, thus becoming more effective in the workplace.
4. Understand the importance of self-care and maintaining balance.

While we can’t completely eliminate stress, we can learn to master it rather than letting it master us. This workshop goes beyond quick fixes and equips participants with tools and strategies to improve both their personal well-being and professional productivity.



# Testimonials

## Chicago Public Schools, Finance and Procurement Departments' Testimonials



"The workshop was quite real and revealing. This type of truth can be scary because you either have to deal with the problem or you watch things get worse."



"I would like to have workshops with Mr. Bryant once a month for the whole school year."



"Very eye-opening; it brought a lot of awareness to myself."



"I would like to have more professional developments such as this, which will help with CPS's morale."



"I would like to have more Team-Building Workshops for staff throughout the year."



"We would benefit from more workshops like this or a continuation of this."

## Memphis Shelby County Schools, Department of Nutrition's Testimonials



"Dwayne Bryant was personable and full of knowledge. He was engaging and included the team."



"Dwayne Bryant was very knowledgeable about the skills needed to build leaders and teams."



"I genuinely enjoyed all the materials covered. Great content, engaging, and thought-provoking."

## Baton Rouge City Court's Testimonials



"Dwayne is a fantastic speaker, and I would love to hear from him again. I loved the interactivity!"



"What I enjoyed the most about the workshop was that the speaker had a very enthusiastic spirit to teach."



"Dwayne's presentation was very interactive and enjoyable. I wanted more time."

## City of Chicago's Testimonials



"Dwayne's workshop was quite real and revealing."



"Dwayne talked about topics that are needed in a community, workforce, and life in general."



"Mr Bryant's workshop was genuine, knowledgeable, and very relatable. Excellent presentation, and I am looking forward to more workshops."

## Trevor Rodenhurst KPM, Chief Constable - Bedfordshire Police, UK



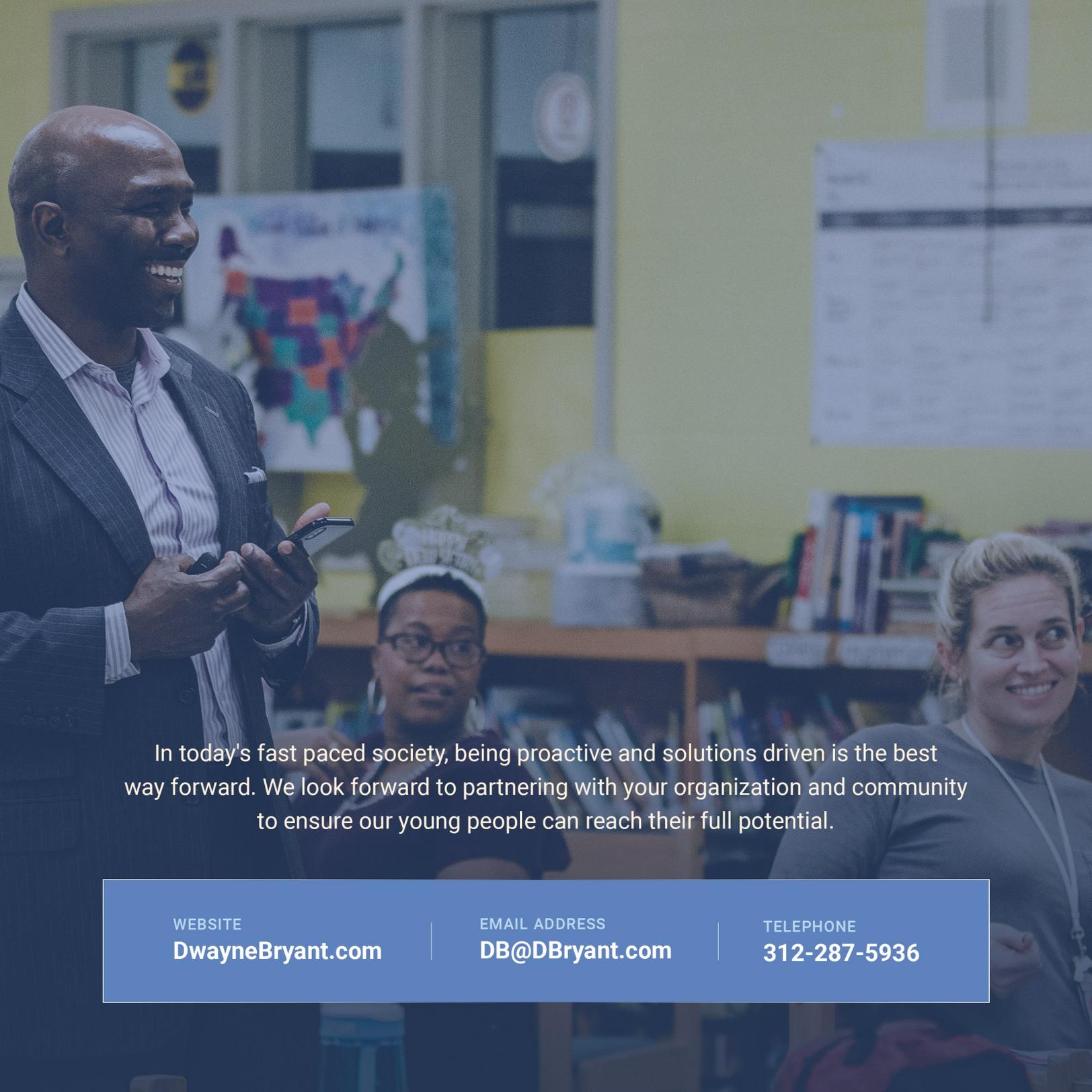
"Dwayne delivered a powerful presentation on the importance of a representative and inclusive police service in building trust and confidence with communities. The relevance of his key messages transcended international boundaries."

## Samantha Alexander, Deputy Lead - Women of Colour in Policing BCH, UK



"Your dedication and commitment to promoting inclusivity and representation within the Police Service is truly inspiring. Your powerful presentation and sagaciousness have elevated the platform to eliminate discrimination, bringing visibility and presence, whilst making a significant influence on cohesion between Police and Communities far and wide.

This is credible work, striving to create more just, equitable, and effective law enforcement systems."



In today's fast paced society, being proactive and solutions driven is the best way forward. We look forward to partnering with your organization and community to ensure our young people can reach their full potential.

WEBSITE

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